

Additions Classes (not UFA related)

Preparing Seniors for Emergencies

Holladay City Office Building

Thursday Evening

7:00 PM to 9:00 PM

September 24

Class Overview

JUST IN CASE

This is a FREE class presented by the Caregiver Support Program of Salt Lake County Aging Services. It will be taught by Nancy Stallings (Program Manager). All are welcome and we invite you to pass the word so that everyone may attend.

The "Just in Case" class is geared specifically toward the needs of Seniors in an emergency or disaster. It is not a CERT course and covers some of the same topics. If you are a Senior, have Seniors in your home or family, or nearby in your neighborhood; this class is for you. It would be a good for everyone. We will also discuss the non-emergency services available to Seniors in Salt Lake County.

Class Overview:

Just in Case is a national emergency preparedness course that identifies and discusses the disasters we may face in Utah and how Seniors may be affected. It is discussion and film based. Information from FEMA and the Red Cross will be shared about topics such as: sheltering in place, local emergency management contacts, building emergency kits (3 to 7 days), and suggestions for stocking dependent person supplies specific to community environments such as: neighbor to neighbor communication, extra medications, oxygen supplies, manual wheel chairs, and senior friendly hygiene and food items.

Class attendants will receive an Information Bag.

Information bags include:

- Just in Case course handout (3 part planning guide)
- FEMA and Red Cross handouts (planning, kits, food, etc.)
- Utah Special Needs Registry Flyer
- Local emergency preparation purchase lists
- Emergency Information Cards
- Caregiver Emergency Identification Cards